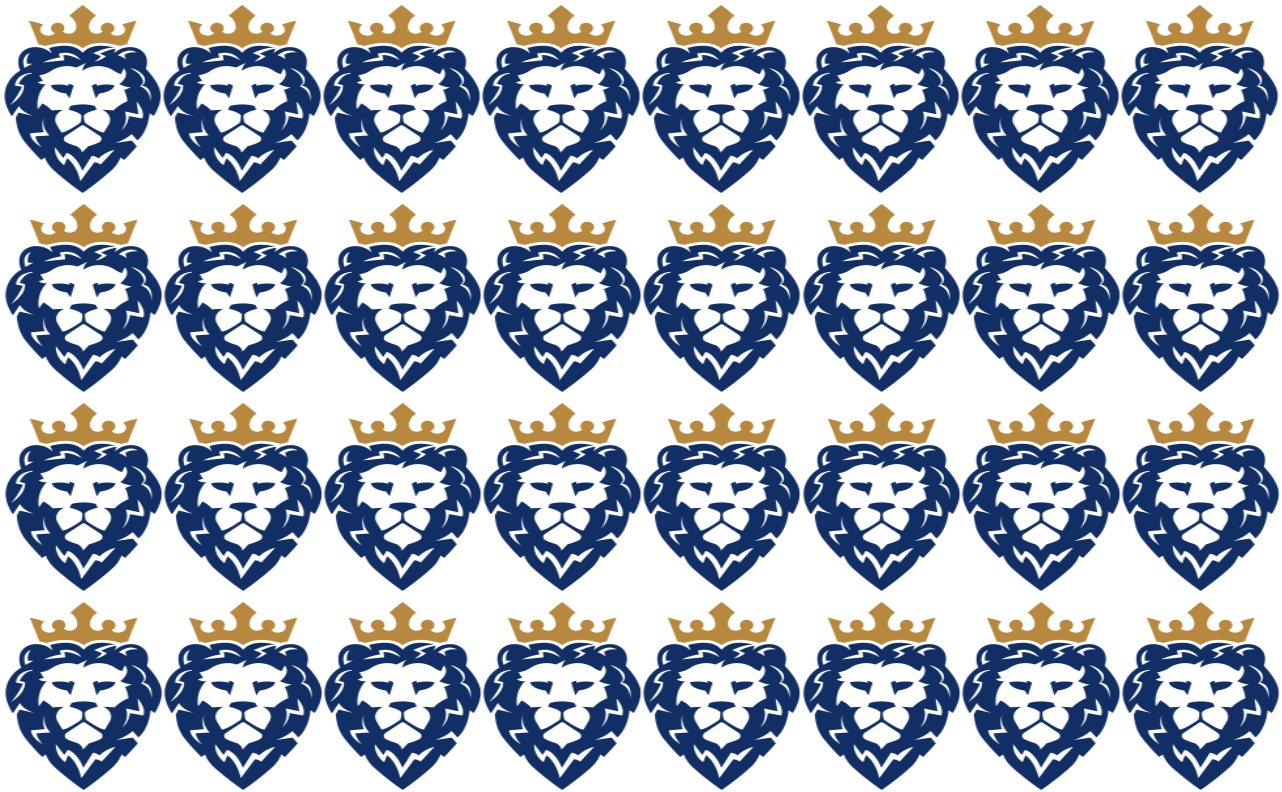


IT'S A GREAT DAY TO BE A LION!

- Use this paper to show how many days you participated in a physical activity outside of PE. (YOU MAY ONLY COLOR ONE LION PER DAY)
- After 20 minutes of exercise/activity, please color a lion for the day. The next day find some time to do another activity/exercise.
- Example activities include: walking, running, sports practice, jumping on the trampoline, riding a bike, swimming, etc. If you have any questions about what activities qualify, please email Mrs. Vickery at hvickery@maryvillechristian.org



Month: _____ Student Name: _____

Teacher: _____ Parent Signature: _____

Total Lions Colored: _____

Please have a parent sign and return this sheet at the end of month to Mrs. Vickery